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NHLS Internships (2026 / 2027) Apply Now

Description

The National Health Laboratory Service (NHLS) is offering an exciting opportunity for individuals interested in gaining practical work experience through its Internship Program. As an NHLS intern, you will have the chance to apply your theoretical knowledge in a real-world laboratory setting and contribute to the vital work of the organization. This program is designed to provide valuable training and hands-on experience to individuals pursuing careers in various healthcare and laboratory disciplines.

Responsibilities

- Conduct laboratory tests and experiments under the supervision of qualified professionals.
- Assist in the analysis and interpretation of laboratory results.
- Learn and adhere to laboratory safety protocols and quality control measures.
- Collaborate with multidisciplinary teams to ensure efficient workflow and accurate reporting of test results.
- Participate in the development and implementation of laboratory research projects.
- Maintain accurate records of laboratory procedures, test results, and other relevant data.
- Stay updated on the latest laboratory techniques, technologies, and scientific advancements.
- Attend training sessions, workshops, and educational programs to enhance your knowledge and skills.
- Adhere to NHLS policies and procedures while performing assigned tasks.
- Assist with administrative duties as required.

Qualifications

- Must be a South African citizen.
- Completed or currently pursuing a relevant degree or diploma in a healthcare or laboratory-related field.
- Strong academic background with a focus on science subjects.
- Excellent written and verbal communication skills.
- Ability to work well in a team and adapt to a fast-paced laboratory environment.
- Attention to detail and accuracy in carrying out laboratory procedures.
- Basic computer literacy and proficiency in using laboratory software and equipment.
- Commitment to upholding ethical standards and maintaining patient confidentiality.
- Willingness to learn and take initiative in professional development.
- Availability to work full-time for the duration of the internship program.

Job Benefits

Hiring organization

NHLS

Employment Type

Intern

Duration of employment

3 Months

Industry

Hospitals and Health Care

Job Location

Berea, KwaZulu-Natal, South Africa, 2198, Berea, KwaZulu-Natal, South Africa

Working Hours

09

Date posted

June 16, 2026

Valid through

14.02.2028

- **Hands-on Experience:** The NHLS internship program offers valuable practical work experience in a real laboratory setting. Interns have the opportunity to apply their theoretical knowledge and gain hands-on experience in their chosen field of study.
- **Learning and Development:** Interns receive training and mentorship from experienced professionals in the laboratory and healthcare industry. They have the chance to enhance their technical skills, learn about laboratory procedures and technologies, and gain a deeper understanding of the field.
- **Networking Opportunities:** Interns get the chance to work closely with professionals in their field of interest. This allows them to establish valuable connections and expand their professional network, which can be beneficial for future career opportunities.
- **Exposure to Multidisciplinary Environment:** NHLS operates in collaboration with various healthcare professionals, scientists, researchers, and technicians. Interns have the opportunity to collaborate and work in multidisciplinary teams, fostering a diverse and enriching work environment.
- **Professional Growth and Development:** Interns are exposed to challenging projects, research opportunities, and advanced laboratory techniques. They can develop critical thinking skills, problem-solving abilities, and gain exposure to the latest advancements in the field.
- **Stipend or Compensation:** Some internship programs, depending on their duration and nature, may offer a stipend or compensation to cover living expenses during the internship period. The specific details of any financial benefits will be communicated during the selection process.

Contacts

Interested candidates should submit their application documents, including a comprehensive CV and a cover letter explaining their interest in the NHLS Internship Program. Additional documents, such as academic transcripts and letters of recommendation, may also be required. Applications can be submitted through the NHLS website or other designated channels as specified in the official internship announcement.