



<https://jobzfrica.co.za/job/hst-internship/>

HST Internship Program (2026 / 2027) New Application

Description

The HST Internship Program provides aspiring healthcare professionals and researchers with hands-on experience and exposure to the diverse aspects of health systems strengthening. Interns will work alongside experienced professionals in various departments, contributing to research, program implementation, data analysis, policy development, and capacity building initiatives. This internship offers a valuable learning experience and an opportunity to make a positive impact on health outcomes in South Africa.

Responsibilities

- Assist with research activities, including literature reviews, data collection, and analysis.
- Contribute to the design and implementation of health programs and projects.
- Support data management and analysis efforts, including data cleaning, organization, and interpretation.
- Assist in the development of reports, presentations, and other communication materials.
- Contribute to policy development and advocacy initiatives, staying updated on relevant health policies and guidelines.
- Support capacity building activities, including workshops, trainings, and knowledge sharing sessions.
- Collaborate with multidisciplinary teams to facilitate effective project coordination and implementation.
- Contribute to monitoring and evaluation efforts, including data validation and quality assurance.
- Stay informed about emerging trends and best practices in health systems strengthening.
- Participate in team meetings, project discussions, and professional development activities.

Qualifications

- Currently enrolled in or recently completed a relevant degree program in public health, health sciences, social sciences, or a related field.
- Strong interest in health systems strengthening, public health, and health research.
- Excellent analytical and critical thinking skills to contribute to research and data analysis efforts.
- Proficiency in Microsoft Office Suite and data analysis software (e.g., Excel, SPSS, STATA, or similar).
- Strong written and verbal communication skills, with the ability to effectively present information.
- Ability to work independently and as part of a team, demonstrating initiative and problem-solving skills.
- Strong organizational skills, with attention to detail and ability to manage

Hiring organization

Health Systems Trust

Employment Type

Intern

Duration of employment

3 Months

Industry

Non-profit Organizations

Job Location

Johannesburg, Gauteng, South Africa, 2000, Johannesburg, Gauteng, South Africa

Working Hours

09

Date posted

May 4, 2026

Valid through

14.02.2028

multiple tasks simultaneously.

- Demonstrated commitment to improving health outcomes and addressing health disparities in South Africa.
- Previous experience in research, program implementation, or data analysis (preferred but not required).
- Knowledge of health systems in South Africa (preferred but not required).

Job Benefits

- **Practical Experience:** Interns have the opportunity to apply theoretical knowledge gained from their studies to real-world situations. They work on meaningful projects and gain hands-on experience in various aspects of health systems strengthening, research, and program implementation.
- **Professional Development:** The internship program at HST offers interns a chance to enhance their skills and knowledge in areas such as research, data analysis, project management, and policy advocacy. They receive mentorship and guidance from experienced professionals, which contributes to their professional growth.
- **Networking Opportunities:** Interns have the chance to network with professionals in the field of public health, health systems, and research. They can build connections with colleagues, supervisors, and other interns, which may be beneficial for future career opportunities.
- **Exposure to Health Systems Strengthening:** HST focuses on health systems strengthening, and interns gain valuable insights into this field. They learn about the challenges and opportunities in improving health outcomes and addressing health disparities, contributing to their understanding of the broader healthcare landscape.
- **Impactful Work:** Interns at HST have the opportunity to make a meaningful contribution to improving health outcomes in South Africa. They support research, program implementation, and policy advocacy initiatives that aim to address health disparities and strengthen health systems.
- **Learning Environment:** HST provides a supportive and collaborative learning environment for interns. They work alongside professionals who are passionate about their work and have expertise in their respective fields. Interns have access to resources, training opportunities, and knowledge sharing sessions.
- **Personal and Professional Growth:** The internship experience at HST fosters personal and professional growth. Interns develop important transferable skills such as communication, teamwork, problem-solving, and critical thinking. They gain confidence in their abilities and build a foundation for their future careers.
- **Mentorship and Guidance:** Interns receive guidance and mentorship from experienced professionals at HST. They have the opportunity to learn from their mentors' expertise, receive feedback on their work, and receive support in their professional development.
- **Potential for Future Opportunities:** A successful internship at HST may open doors for future employment opportunities within the organization or in the broader public health sector. Interns who demonstrate exceptional skills, dedication, and compatibility with the organizational culture may be considered for future positions.

Contacts

- **Research:** Visit the Health Systems Trust (HST) website or other official sources to gather information about the internship program. Look for any specific requirements, application deadlines, and instructions. Take note of the departments or areas of focus that are offering internships.

- **Prepare your documents:** Update your resume to highlight your relevant education, skills, and experiences. If required, prepare a cover letter expressing your interest in the internship program and explaining why you are a suitable candidate. Gather any additional documents or certifications that may be requested.
- **Contact HST:** Reach out to the HST Human Resources Department or the department offering the internship to inquire about internship opportunities and obtain any additional application instructions. You can find their contact information on their website or by conducting an online search. Alternatively, you may find specific application instructions listed on their website.
- **Submit your application:** Follow the application instructions provided by HST or the specific department offering the internship. This may involve submitting your resume, cover letter, and any other required documents via email or an online application portal. Pay attention to any specific formatting or file requirements mentioned.
- **Follow up:** After submitting your application, consider following up with the Human Resources Department or the relevant department to confirm receipt of your application and express your continued interest in the internship program. This demonstrates your enthusiasm and professionalism.
- **Interview process:** If your application is shortlisted, HST may invite you for an interview. Prepare for the interview by researching the organization, reviewing common interview questions, and practicing your responses. Dress professionally and arrive on time for the interview.
- **Acceptance or rejection:** Following the interview process, HST will inform you of their decision. If you are accepted into the internship program, carefully review any offer or agreement provided. It may outline the terms and conditions of your internship, including start date, duration, compensation (if applicable), and any additional requirements.